

DIOCESE IN EUROPE

THE CHURCH
OF ENGLAND



SS PETER AND PAUL, TORREVIEJA

The Church of England worshipping in Word and Sacrament at Lago Jardín, Los Balcones and La Siesta and ministering through the southern Costa Blanca and eastern Murcia.

A truly Eucharistic community of faith and love.

Chaplain (equivalent of Parish Priest):

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Chaplaincy Facebook page: <https://www.facebook.com/anglicantorrevieja>

Chaplain's Facebook Group (to be used at the moment for livestreaming of liturgies):

<https://www.facebook.com/groups/chaplaintorrevieja/>

FATHER RICHARD'S WEEKLY NEWSLETTER

12th December 2021

THIRD SUNDAY OF ADVENT

GAUDETE SUNDAY



**WELCOME TO THE CHAPLAINCY OF SS PETER AND PAUL, TORREVIEJA.
ALL ARE WELCOME TO SHARE IN THE LIFE OF THE CHURCH OF ENGLAND IN
THIS CHAPLAINCY.**



Father Richard writes:

This Sunday is *Gaudete Sunday* when we light the rose candle of the Advent wreath and the liturgical colour is rose – hence I will be wearing rose vestments today instead of purple. *Gaudete* means Rejoice as this is the first word heard in today’s opening antiphon at a said celebration of the Holy Eucharist. I always think it is a good day to think about all those things in which we can rejoice in our lives – and sit down and give thanks to God. So often it is easy to be negative, pessimistic, gossipy, gloomy and downright miserable. These are not Christian attributes. In fact, they are often UnChristian. As followers of and believers in the Lord we are called to be **rejoicing** – building up, encouraging, celebrating, affirming, causing people to flourish, joyful, thankful, being generous. On this *Gaudete Sunday* in what will you be rejoicing? I invite you to sit or kneel quietly at home, think and pray...

Best wishes and God bless you in this holy season of Advent.

Father Richard



It has been suggested that, rather than sending Christmass cards to members of the congregation, you might like to use the money you would have spent and make a small donation in lieu to the Chaplaincy. This would be very much appreciated and received as a kind gesture. Please see Sandra Harbut about this.

DIOCESE IN EUROPE

Our pledge on email use

We will be Correct, Considerate, Constructive, Collaborative and Concise.

www.europe.anglican.org

5Cs in 100 words

- Correct.** What we write is correct. We put errors right and we do so as soon as possible after sending.
- Considerate.** We respect people's time and workload.
- Constructive.** We are polite, we check our drafts before we click 'send', and we avoid long email chains.
- Collaborative.** We include in emails all those and only those who are needed in the conversation. We are clear about who is expected to respond to a query or request, and who is copied in for information.
- Concise.** We keep our emails short. We use other forms of written communication for longer pieces (attachments) ... and we talk to each other!

Sunday mornings...

Faith & Fellowship

Refreshments after church are back on Sunday mornings. Please stay and chat!

You are invited to enjoy a glass of wine or a non-alcoholic drink outside La Siesta – as we always used to do. If anyone would like to help, please contact Sue Maude wardenlasiesta@gmail.com and donations of refreshments will be gratefully received. Please bring your own nibbles to consume as we won't be having the crisp bowl back!



DATES AHEAD:

Tuesday 14th December

1800 Carols outside of Lago Jardin Church

followed by tapas at the Pool Bar. Tickets for the tapas are available from Liz Shouksmith. 7 tapas for 7 euros. Tickets limited to 25 so first come, first served. A lovely evening!



Saturday 18th December

1700 Online Advent Holy Hour

All are welcome to join this time of watching and waiting upon the Lord in prayer and contemplation.

Monday 20th December

1800 Nine Lessons and Carols at La Siesta

This is the traditional Nine Lessons and Carols service as we anticipate the celebration of Christmas later in the week.

*This will be followed by a Chinese meal at the Restaurante Gran China (on the right as you enter Urbanización for those who would like to come. Pay as you go **but please let Peter Maude you know if you are going.***

100 CLUB 2022

Thank you to all those who have supported the Chaplaincy and local charities over the past year by being members of the 100 Club.

The subscriptions for the 100 Club for 2022 will be collected from **7th November until 12th December**. I know some of you have already paid your subscriptions for 2022 so thank you for doing that.

The cost is €20 per annum per subscription. You may have as many subscriptions as you wish!

From the monies collected, one third is for prize money, one third for Chaplaincy funds and one third for local charities.

There are six draws per year with three prizes of €30, €20 and €10 and a single prize draw in December of €40.

Subscriptions can be paid to myself or one of the churchwardens in Church or, if you are not in Spain at that time, it can be paid by bank transfer. (Bank details are in the newsletter each week – *please mark clearly that it is for the 100 Club*)

If you do not currently have a subscription but would like one, please contact me. We really value your support to the Chaplaincy and local charities for the year ahead.

Thank you, Joan Berry, co-ordinator



**The Church of England Chaplaincy of Ss Peter and Paul, Torrevieja
CHRISTMASS SERVICES**

Tuesday 14th December

1800 Carol singing outside Lago Jardín Church

Monday 20th December

1800 A Festival of Nine Lessons and Carols
(La Siesta)

Friday 24th December

There is no Midnight Mass this year

Saturday 25th December

1030 Holy Eucharist (La Siesta)
of the Nativity of the Lord

Sunday 26th December

1400 Holy Eucharist (La Siesta)

*All are welcome at any of these service to
celebrate the joy of Christ's birth!*

FINANCIAL GIVING TO THE CHAPLAINCY

There are various ways of giving financially to the Chaplaincy for the work of the Church:

1. You can give in the plate each week.
2. You can join our envelope scheme to give a regular amount on a weekly basis - and set aside money for those weeks when you cannot be here.
3. **You are encouraged to set up a standing order to the Chaplaincy - this helps us budget more effectively.**

If you are a UK tax payer you can gift aid your giving.

If you are a Spanish tax payer you can have a tax offset by notifying your accountant when arranging your yearly tax along with the Spanish bank account number who will then arrange a claim and the money will be donated back to the Chaplaincy.

One off donations would be gratefully received to assist us at this difficult time.

Thank you for your help.

For more information contact Father Richard, the Churchwardens, or your Congregational Warden.

The Chaplaincy relies on generous and sacrificial giving in response to a generous God who sacrificed his Son for us all on the cross.

From the Churchwardens:

How wonderful to see so many returning to our Church, along with our own people we also had those returning from the UK. Those we have not seen for so long. How refreshing. We would like to thank those who have worked tirelessly to prepare and clean the Church so that we may worship safely and Beth for her hard work. We must also be grateful that we had La Siesta Church for our worship. As the only Church we could safely use. Without it we would have had to rely on live streaming as our only way of worship. We are aware that some will not worship at La Siesta as "they do not like the church". But please remember a church is set apart for the glory and worship of God, worship we offer from our hearts. Its appearance is secondary. What is important is the altar where we come to share in worship and the Eucharist. We sing "we stand on holy ground" in the hymn *Be still, for the presence of the Lord, the Holy one is here*. It doesn't matter what the holy ground looks like!

As you may be aware we the Churchwardens have now had to take on the role of Treasurers. An unenviable task but one we do our best to our ability. Trying to balance the books can be difficult at times but we are extremely grateful to Father Richard for volunteering to work on half his Stipend. This has halved not only his Stipend but also the Social Security payment we have to make. Plus, with the generous donation of Eric Nichols car and a small legacy this gave us the means of returning the rental car and this has made it possible to seeing our way into the future. Without these arrangements we would now be in a serious financial situation. After a great deal of time

and energy filling in various forms, we have now been provided with another Hardship Grant. We are extremely grateful to the Diocese for their help in this respect. This doesn't mean we can relax. Come next year at this time we may be in difficult waters again. We must try and keep our giving as high as we can possibly manage. We are heavily reliant on people who pay by standing orders, especially from the UK. Without these payments we would not survive. This form of payment for us as Treasurers is by far the best way to pay your giving. It means we know what is coming each week and we can budget much better this way. Please think about paying your collection this way, we can give you all the information you need and help you to set up the standing order. For those who can do this themselves the bank information is at the end of this letter. Finally, we thank you for remaining part of our Chaplaincy through these very difficult times. We look forward to the time (who knows when) that we can return to Los Balcones and Lago Jardin Churches.

Spanish Bank details. Banco Sabadell.

IBAN number ES65 0081 2061 7900 0106 0414

BSAB ESBB / Capellana Anglicana de Torrevieja

UK Bank details. Barclays Bank PLC Account name: Diocese in Europe Fund

Account number: 40317039 Sort code: 20-06-13. Please state TORREVIEJA as the reference so the money is correctly applied. The IBAN number is: GB16 BUKB 2006 1340 31 70 39. Swiftbic: BUKBGB22

God bless you all for your support.

Peter and Jennifer (Churchwardens)

Sue's Homemade Lemon Curd

Sue Brassington is now selling homemade lemon curd after each service. Please see her if you would like to buy / order some. Thank you, Sue!

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Church of England Chaplaincy of SS Peter and Paul, Torrevieja

We are a Covid 19 secure Chaplaincy. Please bear in mind your own self-care, your level of vulnerability and your age according to the risks involved. If you have COVID-19 symptoms please stay at home. You will be recorded as attending for track and trace purposes.

A STRICT 1.5 METRE SOCIAL DISTANCING RULE IS IN PLACE. You will be shown to and escorted from your seat. Thank for your understanding and co-operation.

THE PANDEMIC AND THE MONTHS AHEAD

1. Lago Jardín Church will remain closed until further notice. This is because of the difficulty of social distancing in the church and its already limited capacity.
2. There is to be a building project to renovate the church but **Los Balcones church is now closed for the foreseeable future. It will re-open but it is impossible to say when. All services for the Chaplaincy will be held at La Siesta.**
3. La Siesta - these services will be for the whole Chaplaincy so please make every effort to be there and support the liturgical life of the Chaplaincy.

Saturday 11 th December	1700
Sunday 19 th December	1130
<i>There is no Midnight Mass this year</i>	
Saturday 25 th December	1030
Sunday 26 th December	1400
Sunday 2 nd January	1130
Saturday 8 th January	1700
Sunday 16 th January	1130
Saturday 22 nd January	1700
Saturday 29 th January	1700

The live-streamed liturgies continue:

1. Go to <https://www.facebook.com/groups/chaplaintorrevieja> and ask to join the group.
2. You will be asked three questions. Please complete them and agree to the rules of the group.
3. When the livestream starts it will appear on your device in the Facebook stream. The stream will start a few minutes before the broadcast so you can get settled in. You can only see this when I start the livestream.

"Participants in a streamed service of Holy Communion should not be encouraged to place bread and wine before their screens. Joining together to share in the one bread and the one cup as those physically present to one another is integral to the service of Holy Communion; ... and it is not helpful to suggest otherwise. Any idea of the 'remote consecration' of the bread and wine should be avoided."

The words above are an extract from a letter from Bishop Robert and Bishop David from 2nd April 2020. Under Church of England formularies the Priest himself must set the bread and wine upon the Altar which is going to be consecrated during the Eucharist.

This post underlines The Church of England position.

WORSHIP FOR THE WEEK AHEAD:

Saturday 11 th December	1700	Holy Eucharist	<i>La Siesta / Live-streamed</i>
Sunday 12 th December	1100	Holy Eucharist	<i>Live-streamed</i>
	1800	Evening Prayer	<i>Live-streamed</i>
Monday 13 th December	1800	Evening Prayer	<i>Live-streamed</i>

Tuesday 14 th December	0930	Holy Eucharist	<i>Live-streamed</i>
	1700	Evening Prayer	<i>Live-streamed</i>
	1800	Carol Singing	Lago Jardín
Wednesday 15 th December	1800	Evening Prayer	<i>Live-streamed</i>
Thursday 16 th December	1800	Evening Prayer	<i>Live-streamed</i>
Friday 17 th December	<i>No live-streaming today</i>		
Saturday 18 th December	1700	Advent Holy Hour	<i>Live-streamed</i>
Sunday 19 th December	1130	Holy Eucharist	<i>La Siesta / Live-streamed</i>
	1800	Evening Prayer	<i>Live-streamed</i>



The Blessed Sacrament Lamp at Lago Jardín

Because Lago Jardín is not going to be used for the foreseeable future (until social distancing rules change) the Blessed Sacrament has been removed from Lago Jardín to be kept safely at the Chaplaincy House.

If you would like a Mass intention, please contact Father Richard.

Father Richard's Prayer List for December 2021:

Please pray for the sick and those in particular need at this time:

Cathy Neil *in extremis*, Michael Elliott, Peter John, Mo and Bryan Bailey, Bernice, Luke Thompson, Gwen Simmons, Kathryn Moore, Isaac Jalal, Father Terence, John Mileham, Samantha Shaw, Alex, Gerry Hopkins, Father Helge, Solveig Petterson, Eileen Catlin, for all those suffering in mind, body and spirit as a result of the coronavirus.

Please pray for the recently departed:

Robert Ian Croft RIP

For all those who have died as a result of the coronavirus.

+ Rest eternal grant unto them, O Lord, and let light perpetual shine upon them.

Please advise Father Richard if there are any corrections to the above list.

If you wish a name to be added to the list of the sick you need to email Father Richard or write to him giving permission for yourself or ensure permission has been granted by someone else for their name to appear on this list. (GDPR regulations).

Please pray for the Anglican Church in Perú, for Bishop Jorge Aguilar, and the Bishops, Priests, Deacons and Laity there.

Father Richard's Study Group... There will be an Advent Study Group on
Tuesday 14th December 1530 Spain 1430 UK
Tuesday 21st December 1600 Spain 1500 UK

Please contact Father Richard if you would like to join. The sessions will be on Zoom.

Making a Spiritual Communion. Something recommended for us all each day when we cannot participate in the Holy Eucharist.

Even if we are watching a livestreamed Mass (and the times of our Chaplaincy livestreamed celebrations of the Eucharist are listed in the newsletter) we are invited to pause when the Priest receives Holy Communion and make our own spiritual communion. We can say it silently to ourselves or speak it out loud. In this way we are joined with Our Lord in his suffering and death for the world and we are united to His Most Sacred Heart. In these most worrying of days we know Our Lord is there and we can join ourselves to him just as he joins himself with us. This is a great blessing, comfort and strength.

Choose one of these prayers:

My Jesus,

I believe that You are present in the Most Holy Sacrament.

I love You above all things,

and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,

come at least spiritually into my heart.

As though you have already come, I embrace You as if You were already there

and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

or,

Lord Jesus Christ, you are the bread of life and the one true vine. I believe that you are truly present in the Most Holy Sacrament of the Eucharist. I seek you. I worship and adore you. Since I cannot receive you in the eucharistic bread and wine, I pray that you will come into my heart and soul, that I may be united to you, by your all-powerful and ever-present Holy Spirit. Let me receive you, and be nourished by you. Become for me the manna in my wilderness, the bread of angels for my very human journey through time, a foretaste of the heavenly banquet, and solace in the hour of my death. I pray all this, trusting that you yourself are our Life, our Peace, and our everlasting Joy. Amen.

Sunday 12th December 2021

Entrance Antiphon

Phil 4: 4-5

Rejoice in the Lord always; again I say, rejoice.

Indeed, the Lord is near.

Collect

O God, who see how your people
faithfully await the feast of the Lord's Nativity,
enable us, we pray,
to attain the joys of so great a salvation
and to celebrate them always
with solemn worship and glad rejoicing.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.

First reading**Zephaniah 3:14-18****The Lord, the king of Israel, is in your midst**

Shout for joy, daughter of Zion,
Israel, shout aloud!
Rejoice, exult with all your heart,
daughter of Jerusalem!
The Lord has repealed your sentence;
he has driven your enemies away.
The Lord, the king of Israel, is in your midst;
you have no more evil to fear.

When that day comes, word will come to Jerusalem:
Zion, have no fear,
do not let your hands fall limp.
The Lord your God is in your midst,
a victorious warrior.
He will exult with joy over you,
he will renew you by his love;
he will dance with shouts of joy for you
as on a day of festival.

Responsorial Psalm**Isaiah 12****The rejoicing of a redeemed people**

Sing and shout for joy for great in your midst is the Holy One of Israel.

Truly, God is my salvation,
I trust, I shall not fear.
For the Lord is my strength, my song,
he became my saviour.
With joy you will draw water
from the wells of salvation.

Sing and shout for joy for great in your midst is the Holy One of Israel.

Give thanks to the Lord, give praise to his name!
Make his mighty deeds known to the peoples!
Declare the greatness of his name.

Sing and shout for joy for great in your midst is the Holy One of Israel.

Sing a psalm to the Lord
for he has done glorious deeds;
make them known to all the earth!
People of Zion, sing and shout for joy,
for great in your midst is the Holy One of Israel.

Sing and shout for joy for great in your midst is the Holy One of Israel.

Second reading

Philippians 4:4-7

The Lord is very near

I want you to be happy, always happy in the Lord; I repeat, what I want is your happiness. Let your tolerance be evident to everyone: the Lord is very near.

There is no need to worry; but if there is anything you need, pray for it, asking God for it with prayer and thanksgiving, and that peace of God, which is so much greater than we can understand, will guard your hearts and your thoughts, in Christ Jesus.

Gospel Acclamation

Is61:1(Lk4:18)

Alleluia, alleluia!
The spirit of the Lord has been given to me.
He has sent me to bring the good news to the poor.
Alleluia!

Gospel

Luke 3:10-18

'Someone is coming who will baptize you with the Holy Spirit and fire'

When all the people asked John, 'What must we do?' he answered, 'If anyone has two tunics he must share with the man who has none, and the one with something to eat must do the same.' There were tax collectors too who came for baptism, and these said to him, 'Master, what must we do?' He said to them, 'Exact no more than your rate.' Some soldiers asked him in their turn, 'What about us? What must we do?' He said to them, 'No intimidation! No extortion! Be content with your pay!'

A feeling of expectancy had grown among the people, who were beginning to think that John might be the Christ, so John declared before them all, 'I baptise you with water, but

someone is coming, someone who is more powerful than I am, and I am not fit to undo the strap of his sandals; he will baptise you with the Holy Spirit and fire. His winnowing-fan is in his hand to clear his threshing-floor and to gather the wheat into his barn; but the chaff he will burn in a fire that will never go out.' As well as this, there were many other things he said to exhort the people and to announce the Good News to them.

Homily

In the church's Latin days, this was called "*Gaudete Sunday*" and its message is comfort and joy (*gaudete* means *rejoice*.) We are urged not to worry, for the Lord is near. Holy Scripture promises the peace of God in our hearts, if we just ask for it. St Paul says, "There is no need to worry; but if there is anything you need, pray for it, asking God for it with prayer and thanksgiving". We need not wait until after God has granted our requests before saying thanks. Even as we ask, we should already be grateful. One of the things to thank God for at the end of this year is all the good done by so many good people in our time.

Wherever there is evil, God will see that brave, resolute souls rise up to combat it. Such was the work done by St John the Baptist, as described by St Luke. People were prepared to walk all the way from Jerusalem down to near Jericho in the deep Jordan valley, on the edge of the desert — all of fifteen miles each way — in order to see John, this charismatic figure living as an ascetic in the desert around the Dead Sea. Having heard him, many stayed to be baptised by him. But they were full of the uncertainty that can surface in all of us if we take time to cast a critical eye on the kind of life we are leading.

"What must we do?" they asked him; and John spelled out his answer in no uncertain terms. While their request showed their willingness to change, it also showed that they were lacking in clear insight about what is right human behaviour. "Love and do what you will," was to be the motto of St Augustine, meaning that if people have total inner commitment to God, then they will be incapable of doing wrong, they will know instinctively what is right from the promptings of the Spirit within them.

John the Baptist tried to change his listeners' hearts by telling them not to be grasping, not to extort from others more than a just return for services rendered, but rather to help those in need. "If anyone has two cloaks, he must share with the man who has none." "Give your blood," the ancient monks in the desert used to say, "and you will possess the Spirit." The society to which John was addressing himself — as indeed Jesus did later — was to collapse because of its lack of spiritual depth, its over concern with externals, as evidenced by the Pharisees, its pursuit of a narrow-minded nationalism, as seen in the Zealots who resorted to violence and assassination in their hatred of the Romans.

The greatest danger to peace in society is if unbridled selfishness becomes our way of life. The way preached by John the Baptist was to form a sharing, caring community. "Whoever has two coats must share with anyone who has none; and whoever has food must do likewise." Instead of sharing clothing or food, many see their neighbours as *competitors* and try to outdo them in status, lifestyle, travel, conspicuous spending and housing quality. Such self-seeking can give surface satisfaction but not deep and lasting joy. Materialism can easily make us forget our spiritual identity. St Francis of Assisi, the most joyful of saints, rightly said, "Lord, make us channels of your peace. For it is in giving that we receive." Our best joy

comes when we're not thinking about ourselves at all, but trying to give a helping hand in the name of God.

The Nicene ("Niceno-Constantinopolitan") Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God,
Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation he came down from heaven,
At the words that follow, up to and including 'and became man', all bow.
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

The General Intercessions

Let us bring our prayers to God, our strength and our salvation.

1. For all who follow Christ, that they may have joy as they prepare for the Lord's coming (*pause for quiet prayer/reflection*). Lord, hear us.
2. For those who suffer from hunger and want, that the well-off may not fail to share (*pause for quiet prayer/reflection*). Lord, hear us.

3. For the people affected by bad weather and climate change, that they may have the help they need (*pause for quiet prayer/reflection*). Lord, hear us.
4. For all whose hearts are broken, that their friends may not forget them (*pause for quiet prayer/reflection*). Lord, hear us.
5. For refugees and all who are far from home, that they find comfort this Advent (*pause for quiet prayer/reflection*). Lord, hear us.
6. For those we love and people who are in any kind of need, that God may be with them (*pause for quiet prayer/reflection*). Lord, hear us.
7. For those who have died (*especially N and N*), that eternal salvation may be theirs (*pause for quiet prayer/reflection*). Lord, hear us.

God our saviour, we rejoice in your mighty deeds, give us your help, we pray, through Christ our Lord. Amen.

Christmas Shoebox Appeal for Reach Out and Caritas



The Chaplaincy, for many years, has had an annual Christmas Shoebox Appeal. We are doing it again but this year for Reach Out and Caritas. Liz Shouksmith has a list of children's names and ages for Reach Out.

Please speak to Liz. For Caritas, please fill a shoebox and label it clearly boy or girl and the age.

Please find your own shoeboxes. They need to be brought to Church on or before **Saturday 11th December** when they will be blessed and then taken to Reach Out and Caritas. Thank you for your help and praying for a generous response.





CHRISTMASS HAMPER

Between 6th November and 11th December, there will be the opportunity to purchase numbered squares for the chance to win the Christmass Hamper or some wine.

Each square will cost €2.50 and you can buy as many as you want!

Donations of chocolate, biscuits, drink or other Christmas goodies to make up these prizes would be appreciated by the Chaplaincy Council.

This is an easy and profitable way to raise much needed funds for the chaplaincy and we hope you will do your best to support it.

The draw will be held on **Sunday 19th December.**



The Angelus

The Angel of the Lord brought tidings to Mary,
And she conceived by the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee,
Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners now
and at the hour of our death.

Behold the handmaid of the Lord.
Be it unto me according to Thy Word.

Hail Mary, (as above)

And the Word was made flesh,
And dwelt among us.

Hail Mary, (as above)

Pray for us, O holy Mother of God.
That we may be made worthy of the promises of Christ.

Pour forth, we beseech thee, O Lord, thy grace into our hearts; that as we have known the incarnation of thy son Jesus Christ by the message of an angel, so by His + cross and passion we may be brought to the glory of His Resurrection. Through the same Christ, our Lord.
Amen.